



Computed Tomography Cardiac Calcium Score Pre-Test Instructions

Name: _____

Date of Birth: _____

Med Record #: _____

Test Date: _____

Arrival Time: _____

Location: Ortenzio Heart Center
At PSH Holy Spirit Medical Center
503 North 21st Street
Camp Hill, PA 17011

Phone Number: 717-763-2474

Your physician has ordered a Cardiac Calcium Score. No IV is required for this test. This non-invasive test uses a CT scan to measure the accumulation of calcium and plaque in your coronary arteries.

Patient Preparation:

- No caffeine products for 6 hours prior to the test.
- No nicotine containing products for 6 hours prior to the test.
- No vigorous exercise for 24 hours prior to the test.
- Eat and take medications as normal.

****Please read and follow these instructions carefully. Failure to do so may result in the cancellation of your test. Please contact Cardiac Diagnostics department at 717-763-2474 with any questions.**